



## The American Diabetes Association, The Only Place to Ride in 2008! Two Sweet Rides to Beat Diabetes

### NEW ENGLAND CLASSIC 150 - 2 Day Ride

*TAKE A SAMPLE OF THE BEAUTY OF NEW ENGLAND*

**Dates: July 12 & 13, 2008      Distance: 150 miles**

The New England Classic 150 Bicycle Tour will rate as one of the best three state tours you can imagine. See the backroads and seacoasts of New England as you tour through Massachusetts, New Hampshire and Maine. Your weekend package will include accommodations, dinner, breakfast and bus transportation back to the start. Along the way enjoy the company of a great group of cyclists and volunteers. The New England Classic 150 is much more than a bicycle tour - your efforts will help find a cure for diabetes, a disease that affects more than 20 million Americans!

**Start/Finish Line: Woburn, Massachusetts**

**Requirements:**

**\$ 35 Non-refundable registration fee**

**\$ 500 Pledge Minimum**

**ANSI-approved helmet**

### Looking for a Greater Challenge?

### NEW ENGLAND CLASSIC 550 - 7 Day Ride

*SEVEN GREAT ADVENTURES - ONE SPECTACULAR RIDE!!*

**Dates: July 12-18, 2008      Distance: 550 miles**

The **New England Classic Bicycle Tour** is a challenging, fun-filled opportunity to get away from the work-a-day world and spend seven exciting days in the company of an elite group of adventurers. While you discover the thrill and the satisfaction of your personal accomplishment, you will also discover the beauty of scenic New England. You will pedal along the seacoasts of Maine and New Hampshire and through the countryside of Vermont and Massachusetts, cruising past historic glances into yesteryear and through panoramic vistas that you will remember for a lifetime. Your efforts will also be rewarding as you raise funds for the American Diabetes Association and its quest to find a cure for diabetes.

**Start/Finish Line: Woburn, Massachusetts**

**Requirements:**

**\$ 35 Non-refundable registration fee**

**\$ 1800 Pledge Minimum**

**ANSI-approved helmet**



*Cure • Care • Commitment<sup>SM</sup>*

## All of Our Multi-Day Tours Include:

### **Accommodations**

Accommodations are provided by the American Diabetes Association each night of your tour. Accommodations will be in college dorms and/or hotels or ski lodges. Riders will be provided with a bed with linens and a hot shower each night of the event. Each evening we will provide a safe and secure location for your bicycle.

### **Meals**

On day one of each of our tours we provide a light breakfast and full dinner. Each day after, the American Diabetes Association will provide a full breakfast and dinner for all riders. The meals will usually be buffet or cafeteria style. Special food requirements will be handled on an as needed basis.

**Lunch each day is up to the rider.**

### **Support**

The American Diabetes Association provides riders with a fully supported ride. There will be a gear truck to carry your overnight gear and vans to support riders on the road. There will be at least three (3) checkpoints each day that will be stocked with water, fruit, juice and snacks. All rides will be monitored by a network of HAM radio operators with communication set up in all vehicles and all checkpoints. Riders will also have emergency telephone numbers to make contact with the Tour Support Team via cell phone or land line.

The condition of your bicycle is your responsibility. The rides will be challenging and the Association recommends that you have your bicycle inspected and tuned up prior to the event. The Association will provide mechanical support throughout each event thanks to the efforts of volunteer mechanics. They will provide free labor and only charge for parts.

It is vital that individuals with medical conditions make them known to the American Diabetes Association before the start of the ride. Medical services and support are set up to handle emergency needs and basic day to day medical problems. We will have emergency trained personnel on the ride along with a network for emergency and life support procedures.

### **Until there is a Cure.....There is the American Diabetes Association**

All of our rides are much more than bicycle tours. As a participant in a Cycle NorthEast Tour, you will be on the road helping to find a cure for diabetes and the complications of this chronic disease. Proceeds from all tours benefit the research and education programs of the American Diabetes Association and the 20 million Americans affected by diabetes. As a requirement of participation, each cyclist must raise a minimum pledge, which must be submitted at least 2-weeks in advance of the ride. Riders surveyed after last year's events said that they found fund-raising for the American Diabetes Association easier than they had expected. Your Tour is your reward for your fundraising efforts on behalf of the American Diabetes Association. Diabetes is serious and we are serious about finding a cure. Thank you in advance for your support!

***QUESTIONS??? CALL 1-888-342-2383 x 3456 or email [flinsky@diabetes.org](mailto:flinsky@diabetes.org)***

